



## Kids R Kids Learning Academy Weekly Menu R5 April 03 - 07

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole & 1% Milk Grits Fresh Bananas	Whole & 1% Milk Bran Flake Cereal Fresh Apple Slices	Whole & 1% Milk Whole Wheat Toast Fresh Orange Slices	Whole & 1% Milk Toasted Oats Cereal Pears	Whole & 1% Milk French Toast Sticks Crshd. Pineapple
Lunch	Whole & 1% Milk Whole Wheat Bun Ground Beef Manwich Green Beans Fresh Apple Slices	100% Apple Juice Rice Sweet & Sour Chicken Peas Fresh Banana	Whole & 1% Milk English Muffins Tomato Sauce Cheese Pears	Whole & 1% Milk Soft Tortilla Taco Ground Beef Corn Fresh Orange Slices	Whole & 1% Milk Saltine Crackers Cubed Polska Kielbasa Chopped Lettuce Salad Fruit Mix
Snack	Ritz Crackers Fresh Cuke Slices Cold Water	Pita Bread Cinnamon Apples Cold Water	Vanilla Wafers 100% Fruit Juice	Grain Trail Mix Fresh Carrot Stix Cold Water	Tortilla Chips Salsa Cold Water

Children under 2 years of age are served whole milk  
 Children 2 years and up are served 1% milk  
 Children under 2 years of age are served a fruit substitute not raisins

All meals are prepared and served aged-appropriate  
 Alternate meal plans for allergies, medical, religious, and preference are served an equivalent component available for the day and in stock.  
 \*Half serving of vegetable in addition to half serving of tomato sauce.